

New trends and applications around generalized Fokker-Planck operators

Centre Bernoulli Lausanne

An Eyring-Kramers law for slowly oscillating bistable diffusions

Nils Berglund

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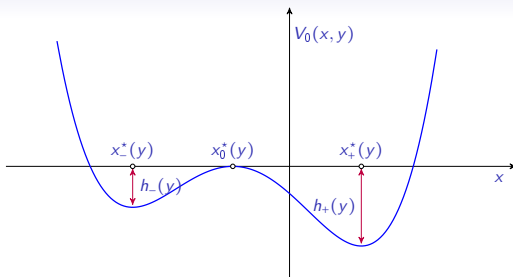
7 July 2025

partly based on joint work with Barbara Gentz (Bielefeld)



project PERISTOCH

The problem



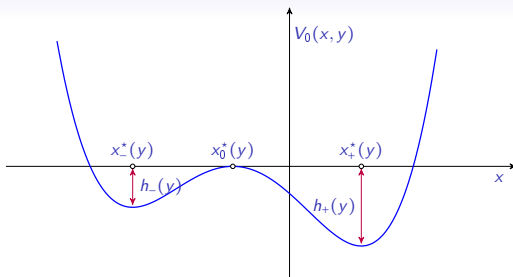
$$dx_t = -\partial_x V_0(x_t, y_t) dt + \sigma dW_t^x$$

$$dy_t = \varepsilon dt + \sigma \sqrt{\varepsilon} \varrho dW_t^y$$

- ▷ $x \mapsto V_0(x, y)$ confining double-well potential, class $\mathcal{C}^4$
 $V_0(x, y+1) = V_0(x, y)$
- ▷ $0 \leq \varepsilon, \sigma \ll 1, \varrho > 0$
- ▷ W_t^x, W_t^y independent standard Wiener processes

Question: describe law of $\tau_+ = \inf\{t > 0 : x_t = x_+^*(y_t) | (x_0 = x_-^*(y_0), y_0)\}$

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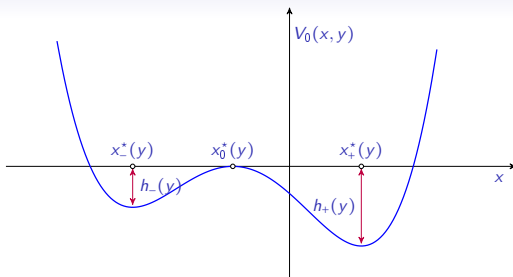
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Motivation 1: Synchronisation

See e.g. [Pikovsky, Rosenblum, Kurths 2001]

$$x_i = (\theta_i, \dot{\theta}_i), \quad i = 1, 2$$

$$\begin{cases} \dot{x}_1 = f_1(x_1) + \varepsilon g_1(x_1, x_2) \\ \dot{x}_2 = f_2(x_2) + \varepsilon g_2(x_1, x_2) \end{cases}$$

ϕ_i : good parametrisation of limit cycles

$$\begin{cases} \dot{\phi}_1 = \omega_1 + \varepsilon Q_1(\phi_1, \phi_2) \\ \dot{\phi}_2 = \omega_2 + \varepsilon Q_2(\phi_1, \phi_2) \end{cases}$$

$$\text{If } \omega_1 \simeq \omega_2: \begin{cases} \psi = \phi_1 - \phi_2 \\ \varphi = \frac{\phi_1 + \phi_2}{2} \end{cases} \Rightarrow \begin{cases} \dot{\psi} = -\nu + \varepsilon q(\psi, \varphi) \\ \dot{\varphi} = \omega + \mathcal{O}(\varepsilon) \end{cases} \quad \begin{aligned} \nu &= \omega_2 - \omega_1 \\ \omega &= \frac{\omega_1 + \omega_2}{2} \end{aligned}$$

For small detuning ν : averaging $\Rightarrow \omega \frac{d\psi}{d\varphi} \simeq -\nu + \varepsilon \bar{q}(\psi)$

Example: Adler's equation $\bar{q}(\psi) = \sin(\psi)$: Fixed points for $\sin(\psi) = \nu/\varepsilon$

Remark: if $\omega_2/\omega_1 \simeq m/n$ similar behaviour for $\psi = n\phi_1 - m\phi_2$ (Arnold tongues)



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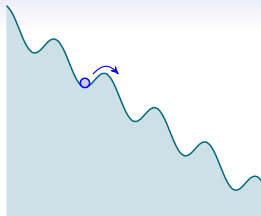
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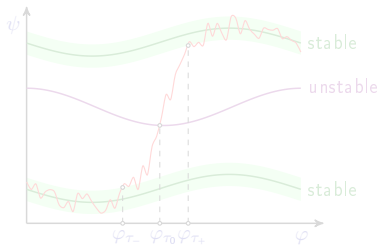
Averaged equation with noise

$$\omega \frac{d\psi}{d\varphi} = \underbrace{-\nu + \varepsilon \bar{q}(\psi)}_{-\frac{\partial}{\partial \psi} \left(\nu \psi - \varepsilon \int^\psi \bar{q}(x) dx \right)} + \text{noise}$$



Original equations with noise

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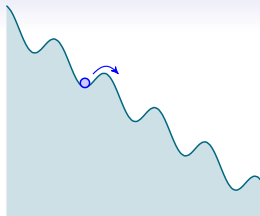


Question: distribution of phases φ_{τ_0} when crossing unstable orbit?
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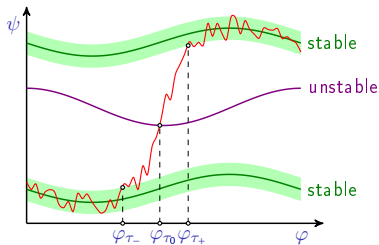
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This is a **stochastic exit problem**.

Motivation 2: Stochastic resonance

$$\begin{aligned} dx_t &= \underbrace{\left[-x_t^3 + x_t + A \cos(\varepsilon t)\right]}_{= -\frac{\partial}{\partial x} \left[\frac{1}{4}x^4 - \frac{1}{2}x^2 - Ax \cos(\varepsilon t) \right] \Big|_{x_t}} dt + \sigma dW_t \end{aligned}$$

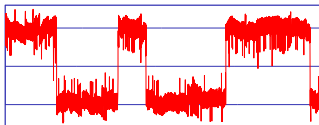
youtu.be/HbJ_I3xbIMg

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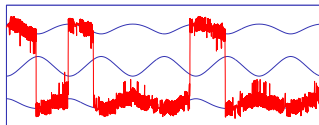
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- ▷ Ice Ages: deterministically bistable climate [Croll, Milankovitch]
- ▷ random perturbations due to weather [Benzi-Sutera-Vulpiani, Nicolis-Nicolis]

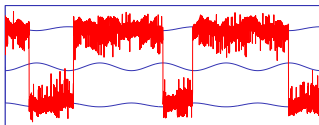
Sample paths $\{x_t\}_t$ for $\varepsilon = 0.001$:



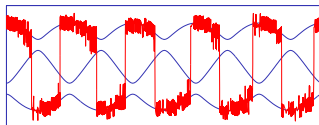
$A = 0, \sigma = 0.3$



$A = 0.24, \sigma = 0.2$



$A = 0.1, \sigma = 0.27$



$A = 0.35, \sigma = 0.2$

From SDEs to PDEs: Dynkin and Feynman–Kac

$\{z_t\}_t$ diffusion with infinitesimal generator $\mathcal{L}$ (e.g. $\mathcal{L} = \frac{\sigma^2}{2}\Delta + f \cdot \nabla$)

▷ Dynkin's formula: for τ stopping time, φ test function,

$$\mathbb{E}^z[\varphi(z_\tau)] = \varphi(z) + \mathbb{E}^z\left[\int_0^\tau (\mathcal{L}\varphi)(z_s) ds\right]$$

▷ Feynman–Kac formula: For q, φ regular functions,

$$u(t, z) = \mathbb{E}^z\left[\exp\left(-\int_0^t q(z_s) ds\right)\varphi(z_t)\right]$$

satisfies

$$\begin{cases} \partial_t u(t, z) = (\mathcal{L}u)(t, z) - q(z)u(t, z) \\ u(0, z) = \varphi(z) \end{cases}$$

▷ $t \rightarrow \infty$: For τ first-exit time from $\mathcal{D}$, $q, \theta : \mathcal{D} \rightarrow \mathbb{R}$, $\varphi : \partial\mathcal{D} \rightarrow \mathbb{R}$

$$u(z) = \mathbb{E}^z\left[\exp\left(-\int_0^\tau q(z_s) ds\right)\varphi(z_\tau) - \int_0^\tau \exp\left(-\int_0^s q(z_v) dv\right)\theta(z_s) ds\right]$$

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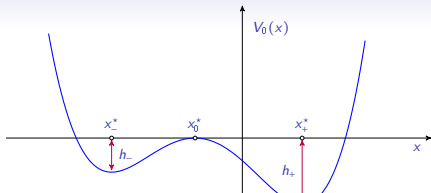
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Static case

$$dx_t = -V'_0(x_t) dt + \sigma dW_t$$

$$\omega_{\pm} = \sqrt{V''_0(x_{\pm}^*)} \quad \omega_0 = \sqrt{-V''_0(x_0^*)}$$



▷ By Dynkin's equation, $u(x) = \mathbb{E}^x[\tau_+]$ satisfies $\forall x < x_+^*$

$$\begin{cases} \mathcal{L}u = \frac{\sigma^2}{2} u'' + V'_0 u' = -1 & x < x_+^* \\ u(x_+^*) = u(-\infty) = 0 \end{cases}$$

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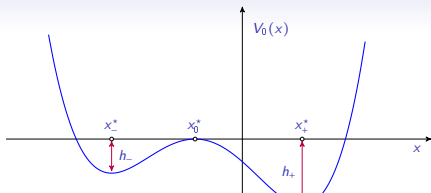
▷ [Day '83]: $\forall s \geq 0, \quad \lim_{\sigma \rightarrow 0} \mathbb{P}^{x_0^*} \left\{ \tau_+ > s \mathbb{E}^{x_0^*}[\tau_+] \right\} = e^{-s}$

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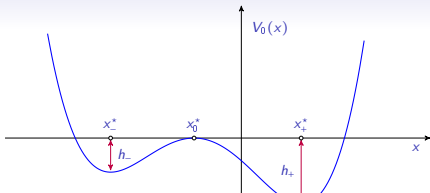
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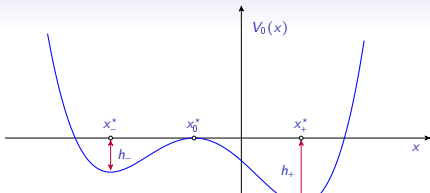
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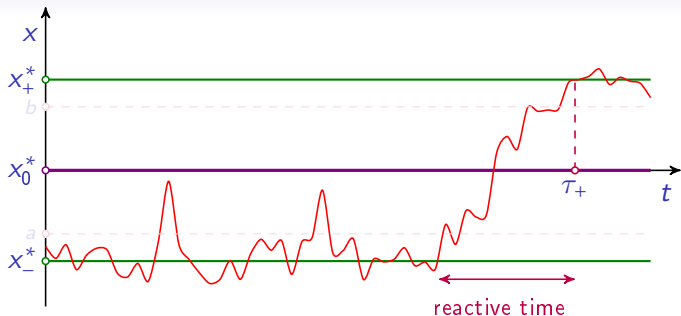
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▷ [C  rou, Guyader, Leli  vre, Malrieu '13]: $x_-^* < a < x_0 < x_0^* < b < x_+^*$

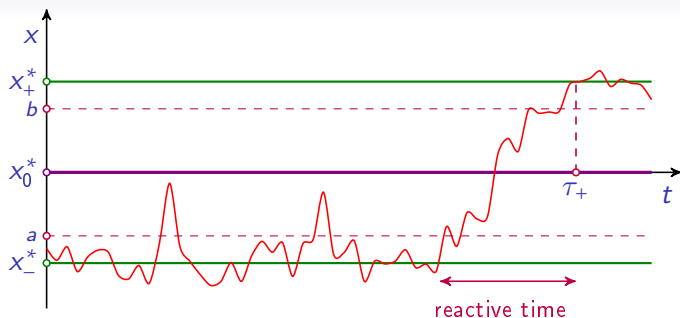
$$\lim_{\sigma \rightarrow 0} \text{Law}(\omega_0^2 \tau_b - 2 \log(\sigma^{-1}) \mid \tau_b < \tau_a) = \text{Law}\left(\underbrace{\mathcal{G}}_{\text{Gumbel}} + \underbrace{T(x_0, b)}_{\text{deterministic}} \right)$$

Gumbel law: $\mathbb{P}\{\mathcal{G} < t\} = e^{-e^{-t}} \quad \forall t \in \mathbb{R}$

(max-stable distribution from extreme value theory, cf. [Bakhtin '15])

$$\Rightarrow \text{reactive time} \simeq \omega_0^{-2} [2 \log(\sigma^{-1}) + \mathcal{G} + T(x_0, b)]$$

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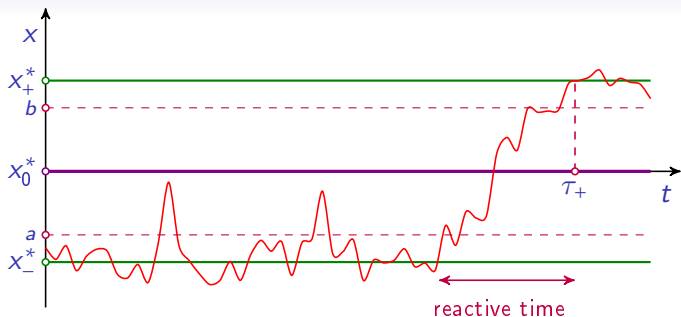
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Gumbel law: $\mathbb{P}\{\mathcal{G} < t\} = e^{-e^{-t}} \quad \forall t \in \mathbb{R}$

(max-stable distribution from extreme value theory, cf. [Bakhtin '15])

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Static case: reactive time



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Higher dimensions

- ▷ [Freidlin & Wentzell '79]: Large-deviation theory gives exponent of $\mathbb{E}[\tau_+]$
- ▷ Gradient case $dx_t = -\nabla V(x_t) dt + \sigma dW_t$
Invariant measure $\pi(x) = Z^{-1} e^{-2V(x)/\sigma^2} dx$
Process reversible wrt π
Eyring–Kramers law and asympt. exponential character of τ_+ known
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Back to the problem

$$dx_t = -\frac{1}{\varepsilon} \partial_x V_0(x_t, y_t) dt + \frac{\sigma}{\sqrt{\varepsilon}} dW_t^x$$

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(time scaled by ε)

▷ Det. eq. $\varepsilon \dot{x} = -\partial_x V_0(x, t)$: $\exists!$ 3 periodic orbits $\bar{x}_i(t) = x_i^*(t) + \mathcal{O}(\varepsilon)$

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$$\lim_{\sigma \rightarrow 0} \text{Law}\left(\theta(y_{\tau_0}) - \log(\sigma^{-1}) - \frac{\lambda_+}{\varepsilon} Y^\sigma\right) = \text{Law}\left(\frac{\mathcal{G}}{2} - \frac{\log 2}{2}\right)$$

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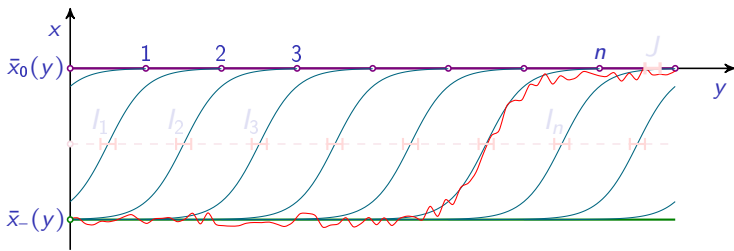
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Instantons: minimize Freidlin–Wentzell large-deviation rate fct ($\sim$ eikonal)

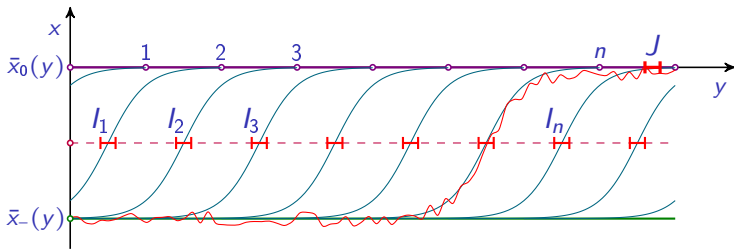
$$\frac{1}{2} \int_0^T [(\dot{x}_t + \partial_x V_0(x_t, y_t))^2 + \frac{1}{\varepsilon Q^2} (\dot{y}_t - \varepsilon)^2] dt \quad T > 0 \text{ arbitrary}$$

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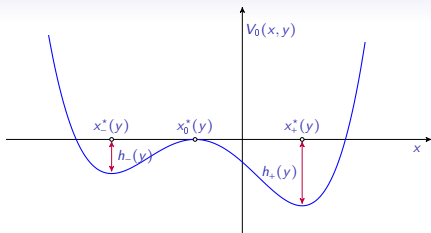
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Eyring–Kramers-type law for $\mathbb{E}[\tau_+]$

$$\omega_{\pm}(y) = \sqrt{\partial_{xx} V_0(x_{\pm}^*(y), y)}$$

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$$r_{\pm}(y) = \frac{\omega_{\pm}(y)\omega_0(y)}{2\pi} e^{-2h_{\pm}(y)/\sigma^2}$$



▷ Leading eigenvalue of $-\mathcal{L}_x = -\frac{\sigma^2}{2}\partial_{xx} + \partial_x V_0 \partial_x$:

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Theorem: [B, Probability and Mathematical Physics 2-4:685-743 (2021)]

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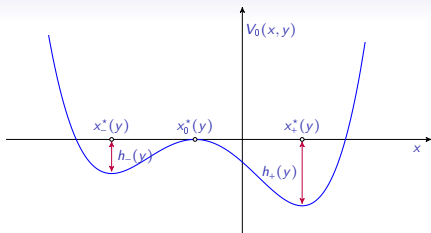
where $R(\epsilon, \sigma)$ complicated but small if $\langle \lambda_1 \rangle \ll \epsilon \ll \langle \lambda_1 \rangle^{1/4}$

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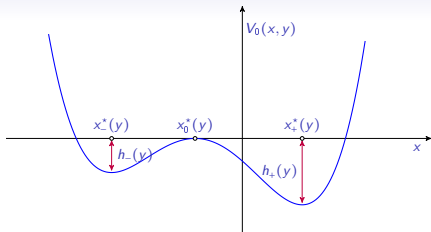
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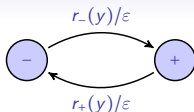
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Heuristics: two-state jump process



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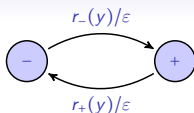
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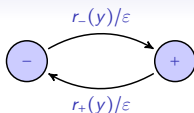
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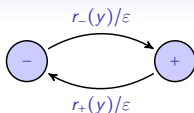
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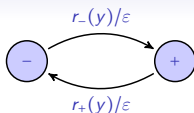
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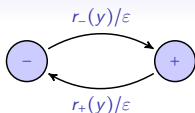
$$\mathbb{P}^{-,y_0} \{ \tau_+ > y \} = e^{-R_-(y,y_0)/\epsilon} \quad \text{where } R_-(y_1, y_0) = \int_{y_0}^{y_1} r_-(y) dy$$

$$\begin{aligned} \mathbb{E}^{-,y_0} [\tau_+] &= \int_{y_0}^{\infty} e^{-R_-(y,y_0)/\epsilon} dy \\ &= \frac{1}{1 - e^{-R_-(1,0)/\epsilon}} \int_0^1 e^{-R_-(y_0+y,y_0)/\epsilon} dy \quad (\text{by periodicity of } r_-) \end{aligned}$$

$$\simeq \begin{cases} \frac{\epsilon}{R_-(1,0)} = \frac{2\pi\epsilon}{\int_0^1 \omega_0(y) \omega_-(y) e^{-2h_-(y)/\sigma^2} dy} & \text{if } \epsilon \gg \max_{y \in [0,1]} r_-(y) \\ \frac{\epsilon}{r_-(y_0)} & \text{if } \epsilon \ll \min_{y \in [0,1]} r_-(y) \end{cases}$$

In between: Stochastic resonance

Heuristics: two-state jump process



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In between: Stochastic resonance

Potential theory for non-reversible SDEs

[Landim, Mariani & Seo 2019]:

- ▷ Generator $\mathcal{L} = \frac{1}{\varepsilon} \mathcal{L}_x + \mathcal{L}_y$, $\mathcal{L}_y = \frac{\varrho^2 \sigma^2}{2} \partial_{yy} + \partial_y$
- ▷ Invariant measure $d\pi = e^{-2V(x,y)/\sigma^2} dx dy$, V sat. Hamilton–Jacobi eq.
- ▷ Decompose $\mathcal{L} = \mathcal{L}_s + \mathcal{L}_a$ where
 - ◊ $\mathcal{L}_s = \frac{\sigma^2}{2\varepsilon} e^{2V/\sigma^2} \nabla \cdot D e^{-2V/\sigma^2} \nabla$, where $D = \begin{pmatrix} 1 & 0 \\ 0 & \varepsilon \varrho^2 \end{pmatrix}$, is self-adjoint wrt π
 - ◊ $\mathcal{L}_a = c \cdot \nabla$ (c explicitly known) is skew-symmetric: $\mathcal{L}_a^\dagger = -\mathcal{L}_a$
- ▷ Adjoint system: generator $\mathcal{L}^* = \mathcal{L}_s - \mathcal{L}_a$

Theorem: [LMS 2019] For any $A, B \subset \mathbb{R}^2$, $A \cap B = \emptyset$

$$\int_{\partial A} \mathbb{E}^{(x,y)}[\tau_B] d\nu_{AB} = \frac{1}{\text{cap}(A, B)} \int_{B^c} h_{AB}^*(x, y) d\pi$$

- ▷ $d\nu_{AB}$ probability measure on ∂A
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Estimating the capacity

- ▷ For $\varphi : \mathbb{R}^2 \rightarrow \mathbb{R}$, define $\mathcal{D}(\varphi) = \frac{2\varepsilon}{\sigma^2} \int_{(A \cup B)^c} \varphi \cdot (D^{-1} \varphi) \frac{dx dy}{\pi(x, y)}$
- ▷ Given $f : \mathbb{R}^2 \rightarrow \mathbb{R}$, define vector fields $\Psi_f = \frac{\sigma^2}{2\varepsilon} \pi D \nabla f$, $\Phi_f = \Psi_f - \pi f c$
- ▷ $\mathcal{H}_{AB}^{\alpha, \beta}$: space of $f : \mathbb{R}^2 \rightarrow \mathbb{R}$ such that $f|_A = \alpha, f|_B = \beta$
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Proposition: [LMS 2019] Dirichlet principle

$$\text{cap}(A, B) = \inf_{f \in \mathcal{H}_{AB}^{1,0}} \inf_{\varphi \in \mathcal{F}_{AB}^0} \mathcal{D}(\Phi_f - \varphi)$$

Infimum reached for $f = \frac{1}{2}(h_{AB} + h_{AB}^*)$ and $\varphi = \Phi_f - \Psi_{h_{AB}}$

Proposition: [LMS 2019] Thomson principle

$$\text{cap}(A, B) = \sup_{f \in \mathcal{H}_{AB}^{0,0}} \sup_{\varphi \in \mathcal{F}_{AB}^1} \frac{1}{\mathcal{D}(\Phi_f - \varphi)}$$

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Static eigenfunctions

▷ Eigenfunctions of $\mathcal{L}_x = \frac{\sigma^2}{2} \partial_{xx} - V_0' \partial_x = \frac{\sigma^2}{2} e^{2V_0/\sigma^2} \partial_x (e^{-2V_0/\sigma^2} \partial_x)$:

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▷ Let $\tau = \tau_+ \wedge \tau_-$, $\tau_\pm = \inf\{t > 0: x_t = x_\pm^*(y)\}$. By Feynman–Kac,

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$$\mathcal{L}_x \phi_n(x|y) = -\lambda_n(y) \phi_n(x|y)$$

$$\mathcal{L}_x^\dagger \pi_n(x|y) = -\lambda_n(y) \pi_n(x|y), \text{ where } \pi_n = \pi_0 \phi_n$$

▷ $\lambda_0 = 0$, $\phi_0(x|y) = 1$, $\pi_0(x|y) = \frac{1}{Z_0(y)} e^{-2V_0(x,y)/\sigma^2}$

▷ Let $\tau = \tau_+ \wedge \tau_-$, $\tau_\pm = \inf\{t > 0: x_t = x_\pm^*(y)\}$. By Feynman–Kac,

$$\begin{aligned} \phi_1(x, y) &= \mathbb{E}^x[e^{\lambda_1(y)\tau} \phi_1(x_\tau)] \\ &= \phi_-(y) \mathbb{E}^x[e^{\lambda_1(y)\tau} 1_{\tau_- < \tau_+}] + \phi_+(y) \mathbb{E}^x[e^{\lambda_1(y)\tau} 1_{\tau_+ < \tau_-}] \\ &= \phi_-(y)[h_0(x|y) + h_1(x|y)] + \phi_+(y)[1 - h_0(x|y) + \bar{h}_1(x|y)] \end{aligned}$$

where $\phi_\pm(y) = \phi_1(x_\pm^*(y), y)$, $h_1, \bar{h}_1$ are small remainders, and

$$h_0(x|y) = \mathbb{P}^x\{\tau_- < \tau_+\} = \frac{1}{N(y)} \int_x^{x_+^*(y)} e^{2V_0(\bar{x},y)/\sigma^2} d\bar{x}$$

▷ $\phi_\pm(y)$ can be determined via normalisation/orthogonality relations

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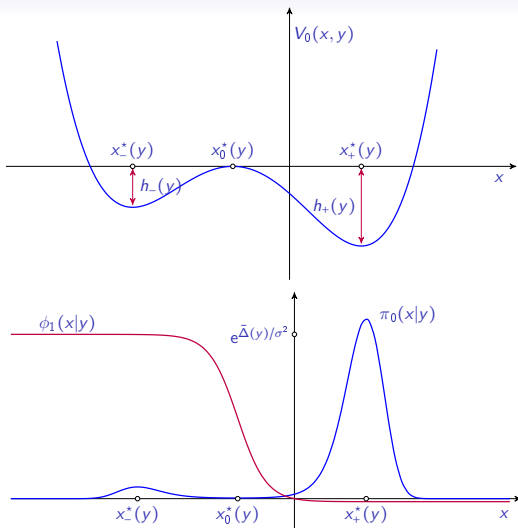
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Static eigenfunctions



$$\bar{\Delta}(y) = h_+(y) - h_-(y) + \frac{\sigma^2}{2} \log\left(\frac{\omega_-(y)}{\omega_+(y)}\right)$$

Estimating $\pi(x, y)$

Static eigenfunctions: $\mathcal{L}_x \phi_n(x|y) = -\lambda_n(y) \phi_n(x|y)$, $\phi_0(x|y) = 1$

Proposition:

$$\pi(x, y) = \frac{e^{-2V_0(x, y)/\sigma^2}}{Z_0(y)} \left[1 + \alpha_1(y) \phi_1(x|y) + \Phi_\perp(x, y) \right]$$

▷ $\alpha_1(y)$ well-approximated in terms of jump process

▷ $\Phi_\perp(x, y) \perp \text{span}\{\phi_0, \phi_1\}$, satisfies $\langle \pi_0, \Phi_\perp \rangle^{1/2} \lesssim \frac{\varepsilon}{\sigma^2} \cosh\left(\frac{h_+(y) - h_-(y)}{\sigma^2}\right)$

Case $\varrho = 0$: $\pi = \frac{e^{-2V_0/\sigma^2}}{Z_0} [1 + \sum_{n \geq 1} \alpha_n \phi_n]$. $\mathcal{L}^\dagger \pi = 0 \Leftrightarrow \alpha_n$ satisfy ODE

$$\varepsilon \alpha_n' = -\lambda_n(y) \alpha_n - \frac{\varepsilon}{\sigma^2} f_{n0}(y) - \frac{\varepsilon}{\sigma^2} \sum_{m \geq 1} f_{nm}(y) \alpha_m$$

with $f_{nm}(y) = -\sigma^2 \langle \pi_0 \phi_m, \partial_y \phi_n \rangle$ (Case $\varrho > 0$: 2nd order ODE)

▷ if $\varepsilon \gg \langle \lambda_1 \rangle$, then (an affine function of) α_1 is slow variable

▷ if $\varepsilon \ll 1$, then all α_n for $n \geq 2$ are fast variables

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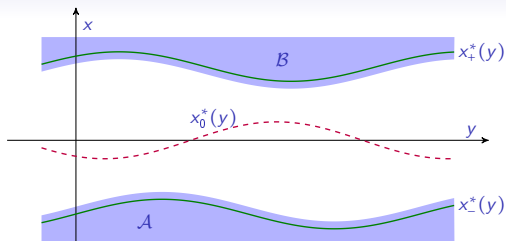
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Last steps of the proof



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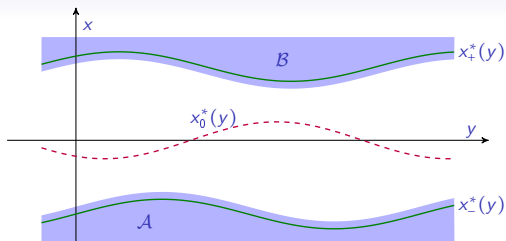
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▷ Capacity: using static committors in Dirichlet and Thomson principles

$$\text{cap}(\mathcal{A}, \mathcal{B}) \simeq \frac{1}{4\epsilon} \langle \lambda_1 [1 - A\delta_1] \rangle \quad \delta_1 \simeq \frac{\langle \lambda_1 A \rangle}{\langle \lambda_1 \rangle} \quad A(y) = \frac{r_-(y) - r_+(y)}{r_-(y) + r_+(y)}$$

▷ $\mathbb{E}^{(x, y)}[\tau_B]$ approx constant on $\partial\mathcal{A}$ by coupling argument

Last steps of the proof



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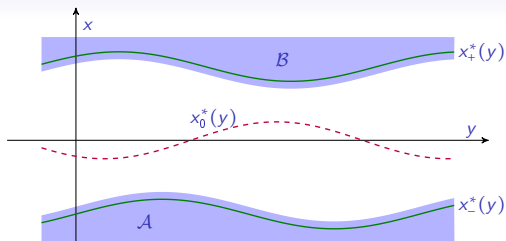
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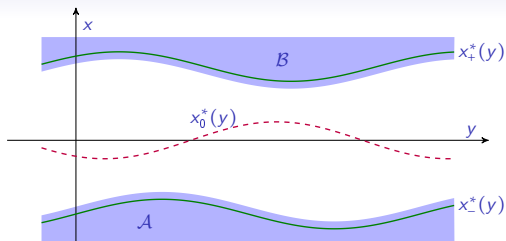
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Open questions

- ▷ Larger values of ϵ ?
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Thanks for your attention!

Slides available at https://www.idpoisson.fr/berglund/Lausanne_2025.pdf

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