# Optimal length estimates for stable CMC surfaces in 3-space-forms

Laurent Mazet

#### Abstract

In this paper, we study stable constant mean curvature H surfaces in  $\mathbb{R}^3$ . We prove that, in such a surface, the distance from a point to the boundary is less that  $\pi/(2H)$ . This upper-bound is optimal and is extended to stable constant mean curvature surfaces in space forms.

### 1 Introduction

A constant mean curvature (cmc) surface  $\Sigma$  in a Riemannian 3-manifold  $\mathbb{M}^3$ is stable, if its stability operator  $L = -\Delta - \operatorname{Ric}(n, n) - |A|^2$  is nonnegative. The nonnegativity of this operator means that  $\Sigma$  is a local minimizer of the area functional on surfaces regard to the infinitesimal deformations fixing its boundary.

The stability hypothesis was studied by several authors and has many consequences (see [6] for an overview). For example, D. Fischer-Colbrie and R. Schoen [4] studied the case of complete stable minimal surfaces when  $\mathbb{M}^3$ has non-negative scalar curvature. They obtain that the universal cover of  $\Sigma$  is not conformally equivalent to the disk and, as a consequence, prove that the plane is the only complete stable minimal surface in  $\mathbb{R}^3$ . From this, R. Schoen [8] has derived a curvature estimate for stable cmc surfaces.

In [2], T. H. Colding and W. P. Minicozzi introduced new technics and obtained area and curvature estimates for stable cmc surfaces. Afterward, these technics were used by P. Castillon [1] to answer a question asked in [4] about the consequences of the positivity of certain elliptic operators. Recently, the same ideas have been used by J. Espinar and H. Rosenberg [3] to obtain similar results.

In [7], A. Ros and H. Rosenberg study constant mean curvature H surfaces in  $\mathbb{R}^3$  with  $H \neq 0$ : they prove a maximum principle at infinity. One of their tools is a length estimate for stable cmc surface. In fact, they prove

that the intrinsic distance from a point p in a stable cmc surface  $\Sigma$  to the boundary of  $\Sigma$  is less than  $\pi/H$ . The aim of this paper is to improve this result. In fact, applying the ideas of [2], we prove that the distance is less than  $\pi/(2H)$ . This estimate is optimal since, for a hemisphere of radius 1/H, the distance from the pole to the boundary is  $\pi/(2H)$ . Actually we prove that the hemisphere of radius 1/H is the only stable cmc H surface where the distance  $\pi/(2H)$  is reached. We can generalized this result to stable cmc H surfaces in  $\mathbb{M}^3(\kappa)$ , where  $\mathbb{M}^3(\kappa)$  is the 3-space form of sectional curvature  $\kappa$ . We prove that when  $H^2 + \kappa > 0$  such an optimal estimate exists. In fact, it is already known that, when  $\kappa \leq 0$  and  $H^2 + \kappa \leq 0$ , there is no such estimate since there exist complete stable cmc H surfaces. But, in some sense, our results is an extension of the fact that the planes (resp. the horospheres) are the only stable complete constant mean curvature H surfaces in  $\mathbb{R}^3$  (resp.  $M^3(\kappa), \kappa < 0$ ) when H = 0 (resp.  $H^2 + \kappa = 0$ ).

## 2 Definitions

On a constant mean curvature surface  $\Sigma$  in a Riemannian 3-manifold  $\mathbb{M}^3$ , the stability operator is defined by  $L = -\Delta - \operatorname{Ric}(n, n) - |A|^2$ , where  $\Delta$  is the Laplace operator on  $\Sigma$ , Ric is the Ricci tensor on  $\mathbb{M}^3$ , n is the normal to  $\Sigma$  and A is the second fundamental form on  $\Sigma$ . When it is necessary, we will denote the stability operator by  $L_f$  to refer to the immersion f of  $\Sigma$  in  $\mathbb{M}^3$ .

The surface  $\Sigma$  is called *stable* if the operator L is nonnegative *i.e.*, for every compactly supported function u, we have

$$0 \leq \int_{\Sigma} uL(u) \mathrm{d}\sigma = \int_{\Sigma} \|\nabla u\|^2 - (\mathrm{Ric}(n, n) + |A|^2) u^2 \mathrm{d}\sigma$$

We remark that this property is sometimes called strong stability since it means that the second derivatives of the area functional is nonnegative with respect to any compactly supported infinitesimal deformations u whereas  $\Sigma$  is critical for this functional only for compactly supported infinitesimal deformations with vanishing mean value *i.e.*  $\int_{\Sigma} u d\sigma = 0$ .

In the following, on a cmc surface, the normal n is always chosen such that H is non-negative.

We will denote by  $d_{\Sigma}$  the intrinsic distance on  $\Sigma$  and by K the sectional curvature of the surface.

#### 3 Results

The main result of this paper is the following theorem.

**Theorem 1.** Let H be positive. Let  $\Sigma$  be a stable constant mean curvature H surface in  $\mathbb{R}^3$ . Then, for  $p \in \Sigma$ , we have :

$$d_{\Sigma}(p,\partial\Sigma) \le \frac{\pi}{2H} \tag{1}$$

Moreover, if the equality is satisfied,  $\Sigma$  is a hemisphere.

In  $\mathbb{R}^3$ , the stability operator can be written  $L = -\Delta - 4H^2 + 2K$ .

*Proof.* We denote by  $R_0$  the distance  $d_{\Sigma}(p, \partial \Sigma)$  and assume that  $R_0 \geq \pi/(2H)$ . If  $R_0 < \pi/H$  we denote by I the segment  $[\pi/(2H), R_0]$ , otherwise  $I = [\pi/(2H), \pi/H)$ . In fact, because of the work of Ros and Rosenberg [7], we already know that  $R_0 \leq \pi/H$ . Let R be in I.

The surface  $\Sigma$  has constant mean curvature H thus its sectional curvature is less than  $H^2$ . So the exponential map  $\exp_p$  is a local diffeomorphism on the disk  $D(0, R) \subset T_p \Sigma$  of center 0 and radius R. On this disk, we consider the induced metric and the operator  $\mathcal{L} = -\Delta - 4H^2 + 2K$ . The surface  $\Sigma$  is stable so it exists a positive function g on  $\Sigma$  such that L(g) = 0 (see Theorem 1 in [4]). On D(0, R), the function  $\tilde{g} = g \circ \exp_p$  is then positive and satisfies  $\mathcal{L}(\tilde{g}) = 0$  since D(0, R) and  $\Sigma$  are locally isometric. The operator  $\mathcal{L}$  is thus nonnegative on D(0, R) [4].

For  $r \in [0, R]$ , we define l(r) as the length of the circle  $\{v, |v| = r\} \subset D(0, R)$  and  $\mathcal{K}(r) = \int_{D(0,r)} K d\sigma$ . Since D(0, R) and  $\Sigma$  are locally isometric, the sectional curvature K of D(0, R) is less than  $H^2$ . Then

$$l(r) \ge \frac{2\pi}{H} \sin Hr \tag{2}$$

By Gauss-Bonnet, we have:

$$\mathcal{K}(r) = 2\pi - l'(r) \tag{3}$$

Let us consider a function  $\eta : [0, R] \to [0, 1]$  with  $\eta(0) = 1$  and  $\eta(R) = 0$ . Let us write the nonnegativity of  $\mathcal{L}$  for the radial function  $u = \eta(r)$ .

$$0 \le \int_0^R (\eta'(r))^2 l(r) \mathrm{d}r - 4H^2 \int_0^R \eta^2(r) l(r) \mathrm{d}r + 2 \int_0^R \mathcal{K}'(r) \eta^2(r) \mathrm{d}r$$

Hence, following the ideas in [2] and using (3) and the boundary values of  $\eta$ , we have:

$$\begin{split} \int_{0}^{R} (4H^{2}\eta^{2} - {\eta'}^{2}) l dr &\leq 2 \left( \left[ \mathcal{K}(r)\eta^{2}(r) \right]_{0}^{R} - \int_{0}^{R} \mathcal{K}(r)(\eta^{2}(r))' dr \right) \\ &\leq -2 \int_{0}^{R} \mathcal{K}(r)(\eta^{2}(r))' dr \\ &\leq -2 \int_{0}^{R} (2\pi - l'(r))(\eta^{2}(r))' dr \\ &\leq 4\pi + 2 \int_{0}^{R} (\eta^{2}(r))' l'(r) dr \\ &\leq 4\pi + \left[ 2(\eta^{2}(r))' l(r) \right]_{0}^{R} - 2 \int_{0}^{R} (\eta^{2}(r))'' l(r) dr \\ &\leq 4\pi - 2 \int_{0}^{R} (\eta^{2}(r))'' l(r) dr \end{split}$$

Thus we obtain

$$\int_0^R \left( 4H^2 \eta^2 - {\eta'}^2 + 2(\eta^2)'' \right) l \mathrm{d}r \le 4\pi \tag{4}$$

We shall apply this equation to the function  $\eta(r) = \cos \frac{\pi r}{2R}$ . In this case we have

$$\eta'^{2} = \frac{\pi^{2}}{4R^{2}} \sin^{2} \frac{\pi r}{2R}$$
$$(\eta^{2})'' = -\frac{\pi^{2}}{2R^{2}} \left( \cos^{2} \frac{\pi r}{2R} - \sin^{2} \frac{\pi r}{2R} \right)$$

Thus

$$4H^2\eta^2 - {\eta'}^2 + 2(\eta^2)'' = (4H^2 - \frac{\pi^2}{R^2})\cos^2\frac{\pi r}{2R} + \frac{3\pi^2}{4R^2}\sin^2\frac{\pi r}{2R}$$

As  $R \ge \frac{\pi}{2H}$ ,  $4H^2\eta^2 - {\eta'}^2 + 2(\eta^2)''$  is non-negative and, by (2),

$$\left( 4H^2 \eta^2 - {\eta'}^2 + 2(\eta^2)'' \right) l \ge \left( (4H^2 - \frac{\pi^2}{R^2}) \cos^2 \frac{\pi r}{2R} + \frac{3\pi^2}{4R^2} \sin^2 \frac{\pi r}{2R} \right) \frac{2\pi}{H} \sin Hr \\ \ge \frac{\pi}{H} \left( (4H^2 - \frac{\pi^2}{4R^2}) \sin Hr + (4H^2 - \frac{7\pi^2}{4R^2}) \frac{1}{2} \left( \sin(\frac{\pi}{R} + H)r - \sin(\frac{\pi}{R} - H)r \right) \right)$$

Thus integrating in (4), we obtain (we recall that  $R < \pi/H$ )

$$4\pi \ge \frac{\pi}{H} \left( (4H^2 - \frac{\pi^2}{4R^2}) \frac{1}{H} (1 - \cos HR) + (4H^2 - \frac{7\pi^2}{4R^2}) \frac{1}{2} \left( \frac{R}{\pi + HR} (1 - \cos(\pi + HR)) - \frac{R}{\pi - HR} (1 - \cos(\pi - HR)) \right) \right)$$

After some simplifications in the above expression, we obtain

$$4\pi \ge \pi \frac{(-32H^2R^4 + 24\pi^2H^2R^2 - \pi^4) - (10\pi^2H^2R^2 - \pi^4)\cos HR}{4H^2R^2(\pi^2 - H^2R^2)}$$

Now, passing  $4\pi$  on the right-hand side of the above inequality and simplifying by  $\pi$ , we obtain:

$$0 \ge \frac{-(4H^2R^2 - \pi^2)^2 - (10\pi^2H^2R^2 - \pi^4)\cos HR}{4H^2R^2(\pi^2 - H^2R^2)}$$

We denote by F(R) the right-hand term of the above inequality. Hence we have proved that, for every R in I,  $F(R) \leq 0$ . If we write  $R = \pi/(2H) + x$ , we compute the Taylor expansion of F and obtain

$$F(\frac{\pi}{2H} + x) = 2Hx + o(x)$$

which is positive if x > 0. Thus, if  $R_0 > \pi/(2H)$ , we get a contradiction and the inequality (1) is proved.

Now if  $R_0 = \pi/(2H)$ , we have in fact equality all along the computation, so  $l(r) = 2\pi/H \sin Hr$  and  $\mathcal{K}(r) = 2\pi - l'(r) = 2\pi(1 - \cos Hr)$ . But we also know that the sectional curvature is less than  $H^2$  thus  $\mathcal{K}(r) \leq H^2 \int_0^r l(u) du = 2\pi(1 - \cos Hr)$ . Since this inequality is in fact an equality, the sectional curvature is in fact  $H^2$  at every point. Thus the principal curvatures of a point in  $\Sigma$  are H and H *i.e.* there are only umbilical points. Hence  $\Sigma$  is a piece of a sphere of radius 1/H and, since  $d_{\Sigma}(p,\partial\Sigma) = \frac{\pi}{2H}$ , it contains the hemisphere of pole p. A hemisphere can not be strictly contained in a stable subdomain of the sphere, so  $\Sigma$  is a hemisphere.  $\Box$ 

With this result we have an important corollary.

**Corollary 2.** Let  $H \ge 0$  and  $\kappa \in \mathbb{R}$  such that  $H^2 + \kappa > 0$ . Let  $\Sigma$  be a stable contant mean curvature H surface in  $\mathbb{M}^3(\kappa)$ . Then for  $p \in \Sigma$ , we have :

$$d_{\Sigma}(p,\partial\Sigma) \le \frac{\pi}{2\sqrt{H^2 + \kappa}}$$

Moreover, if the equality is satisfied,  $\Sigma$  is a geodesical hemisphere of  $\mathbb{M}^{3}(\kappa)$ .

The proof is based on the Lawson's correspondence between constant mean curvature surfaces in space forms (see [5]).

*Proof.* First, the case  $\kappa = 0$  is Theorem 1.

Let  $\Pi: \Sigma \to \Sigma$  be the universal cover of  $\Sigma$ . We then have a constant mean curvature immersion of  $\widetilde{\Sigma}$  in  $\mathbb{M}^3(\kappa)$ , let  $\mathcal{L} = -\Delta - 2\kappa - |A|^2$  be the stability operator on  $\widetilde{\Sigma}$ .  $\Sigma$  is stable, so there exists a positive function g on  $\Sigma$  such that  $L(g) = -\Delta g - (2\kappa + |A|^2)g = 0$ . Thus the function  $\widetilde{g} = g \circ \Pi$  is a positive function on  $\widetilde{\Sigma}$  satisfying  $\mathcal{L}(\widetilde{g}) = 0$ . Hence  $\widetilde{\Sigma}$  is stable. Let I and S be respectively the first fundamental form and the shape operator on  $\widetilde{\Sigma}$ . They satisfy the Gauss and Codazzi equations for  $\mathbb{M}^3(\kappa)$ .

We define  $S' = S + (-H + \sqrt{H^2 + \kappa})$  id on  $\tilde{\Sigma}$ . Then I and S' satisfy the Gauss and Codazzi equations for  $\mathbb{M}^3(0) = \mathbb{R}^3$  (see [5]). Hence there exists an immersion f of  $\tilde{\Sigma}$  in  $\mathbb{R}^3$  with first fundamental form I and shape operator S' (we notice that the induced metric is the same). Its mean curvature is then  $H + (-H + \sqrt{H^2 + \kappa}) = \sqrt{H^2 + \kappa}$  *i.e.* the immersion has constant mean curvature. The stability operator is

$$L_f = -\Delta - \|S'\|^2$$
  
=  $-\Delta - (\|S\|^2 + 4H(-H + \sqrt{H^2 + \kappa}) + 2(-H + \sqrt{H^2 + \kappa})^2)$   
=  $-\Delta - (\|S\|^2 + 2\kappa)$   
=  $\mathcal{L}$ 

Hence the surface  $f(\tilde{\Sigma})$  is stable. So, from Theorem 1, we have

$$d_{\Sigma}(p,\partial\Sigma) = d_{\widetilde{\Sigma}}(\widetilde{p},\partial\widetilde{\Sigma}) \leq \frac{\pi}{2\sqrt{H^2 + \kappa}}$$

where  $\Pi(\tilde{p}) = p$ .

The equality case comes from the equality case in Theorem 1 and since the Lawson's correspondence sends spheres into spheres.  $\Box$ 

## References

- Philippe Castillon. An inverse spectral problem on surfaces. Comment. Math. Helv., 81:271–286, 2006.
- [2] Tobias H. Colding and William P. Minicozzi, II. Estimates for parametric elliptic integrands. Int. Math. Res. Not., pages 291–297, 2002.

- [3] Jose M. Espinar and Harold Rosenberg. A Colding-Minicozzi stability inequality and its applications. preprint.
- [4] Doris Fischer-Colbrie and Richard Schoen. The structure of complete stable minimal surfaces in 3-manifolds of nonnegative scalar curvature. *Comm. Pure Appl. Math.*, 33:199–211, 1980.
- [5] H. Blaine Lawson, Jr. Complete minimal surfaces in S<sup>3</sup>. Ann. of Math. (2), 92:335–374, 1970.
- [6] William H. Meeks, III, Joaquín Pérez, and Antonio Ros. Stable constant mean curvature surfaces. preprint.
- [7] Antonio Ros and Harold Rosenberg. Properly embedded surfaces with constant mean curvature. preprint.
- [8] Richard Schoen. Estimates for stable minimal surfaces in threedimensional manifolds. In Seminar on minimal submanifolds, volume 103 of Ann. of Math. Stud., pages 111–126. Princeton Univ. Press, 1983.